

Date: 07-03-2022

Registration number:

ST. JOSEPH’S COLLEGE (AUTONOMOUS), BENGALURU-27

MSc Counselling Psychology – I SEMESTER

SEMESTER EXAMINATION: OCTOBER 2021

(Examination conducted in March 2022)

**PY 7421 – Foundations of Professional Counselling**

Time- 2 ½ hrs Max Marks-70

This question paper contains one printed page and five sections

**Answer any one question from each of the following sections. Each section carries 14 marks**

**Section A**

1. What is counselling? Explain its scope and purpose.

OR

1. Give a comparative explanation between counselling and advice giving.

**Section B**

1. Explain the qualities of a good counsellor

OR

1. Discuss any two theoretical models of counselling which you liked the most and why

**Section C**

1. Explain the process of counselling

OR

1. A 28 year old female comes to you for counselling. She is the only child, and mentions she has issues with relationships, at work and family. She feels broken most of the time and does not feel happy. She feels inferior amongst her friends and feels she is not confident. – Conceptualize the case using one theory, and the interventions you would provide.

**Section D**

1. What is ‘SOLER’ skills of counsellor? Explain with examples

OR

1. How does Listening and Questioning help in the counselling process?

**Section E**

1. What is your understanding on Multiculturalism in Counselling?

OR

1. Discuss Counselling as a profession. Explain the importance of ethics in counselling.